



松濤館流空手協会国際

HEALTH, SAFETY AND FIRST AID POLICY

HEALTH AND SAFETY POLICY

It is the policy of SKKK and its member clubs to:

- Provide, so far as reasonably practical, safe methods of training, safe training and competing conditions and a healthy environment assessing the risks inherent in the training and competing (where applicable) in Shotokan Karate and Kobudo
- Provide Health & Safety arrangements including planning, organisation, leadership, control, monitoring, review and reporting
- Ensure, so far as reasonably practical, co-operation, co-ordination and exchange of information between parents and other parties involved in any activities under its control
- Establish emergency and other procedures for serious or minor injuries
- Provide and display this policy and such written instructions as are necessary to assist in the regulation of health and safe practices and operations within Dojo and other venues
- Encourage and promote personal responsibility and effort on the part of all employees to avoid and prevent health hazards and injuries to themselves and others
- Review this policy at 12 month intervals

There is a clear and legal duty of each and every person, while coaching, training or competing, to take reasonable care for the health and safety of his or herself and of all other persons who may be affected by his or her acts or omissions; and to co-operate with the Safety Advisors at club and SKKK level in any way necessary, to enable them to perform and comply with any duty or requirement under the regulations affecting Health & Safety and Welfare. This will include the use of equipment in a safe manner, and their own personal hygiene.

For the execution of the policy the following organisation and arrangements apply:

The supervising Sensei at each Dojo, will be responsible for the implementation of the SKKK Health & Safety Policy, and will be accountable for failure to achieve the required standard.

To achieve this objective the Senior Sensei will ensure that:

- All training is carried out in accordance with all relevant Acts, Regulations, Policy and procedures, as defined
- All junior or assistant Sensei have been trained or instructed to work in a healthy and safe manner
- Safe access to and egress from all Dojo and venues is provided and maintained
- Protective equipment and clothing are available and used when required by the risk assessment
- Substances hazardous to health are assessed and controlled in a safe manner (e.g. in Kitchens, store rooms)
- Operations are conducted in such a manner as to reduce as far as possible the risk of property damage, fire or theft, and to maintain a secure minimum hazard environment
- All accidents and dangerous occurrences are investigated, reported and preventative action taken against repetition.

FIRST AID POLICY

It is the policy of SKKK and its member clubs to:

- Provide fully trained, certificated and competent first aiders at each Dojo training session, course, event and competition
- Provide fully stocked and up to date first aid equipment and provisions for use in the event of an emergency
- Ensure that procedures are in place to follow in the event of an emergency
- Report all accidents in an appropriate accident book (ensuring confidentiality) and inform the SKKK Chief Instructor in cases of serious accidents and those where a claim may arise.